



Newsletter June 8, 2010

REMINDERS for ROLLERS

Please talk to your rollers about the rules we must follow in order to use the pond at The Great Alaskan Lumberjack Show.

1. No running anywhere! The wood planks & the metal stands get wet & slippery.
2. You are welcome to sit on the logs around the pond but please do not allow children to climb on the logs or other equipment around the show site.
3. Cheering & taking photos is highly recommended.
4. No jumping or roughhousing on the climbing pads, around the pond, or in the stands.
5. Please help us keep the stands & show area clean.
6. All rollers must wear shoes in and around the pond.
7. Children 11 & under must have a responsible adult present during classes.

You are welcome to help in the pond anytime to hold logs or little hands during classes. Older team members are also encouraged to mentor younger rollers by being available in the pond or on the sidelines to give rolling tips.

We recommend bringing dry clothing, towels, bath robes, or blankets. Please check your child's belongings as we end up with lots of lost shoes & clothing during the season.

**HEAD COACHES FOR 2010
JAKE JUSTUS & KASEY SWENSON**

THANK A COACH

It is a well known fact that lumberjacks love cookies & other yummy goodies. We appreciate all of our volunteer lumberjacks for helping with classes & for being good "roll" models.

Class Schedule

Monday & Tuesday

Ages 4-6:	4:00—4:30 pm
Ages 7-9:	4:30—5:15 pm
Ages 10-12:	4:30—5:15 pm
Ages 13+:	5:15—6:00 pm
Adults:	6:00—7:00pm

ADULT COHO TEAM

Monday & Tuesdays 6pm

Classes will be held every Monday & Tuesday for during the summer. If you are interested in joining the adult team, please see Candy to sign-up. Cost is \$10 per class.

Please be sure to have a responsible adult/babysitter with your kids at the pond during adult classes.

Watch the Coho website (www.ketchikancohos.com) or our Facebook Group for updates and free roll days added to regular classes. It's always a good idea to check updates if the weather looks funky. We roll in the rain, but those days when it is raining & blowing just aren't good for anyone.

To add photos to the Coho Facebook page you must first create a photo album on your personal Facebook page and then go to the Coho's group page to "add group photos".

T-shirts & Sweatshirts can be ordered. We still have some in stock. Just complete an order form for delivery the following class day. Youth t-shirts are \$10, adult shirts are \$15, Sweatshirts are \$30-35. Championship shirts will be provided to rollers competing in the Alaska State Log Rolling Championships August 17th. Sign up to compete in the Championships no later than July 13th.